

# 光疗与光化学疗法指南 (英文)

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## ACADEMY GUIDELINES

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This report reflects the best data available at the time the report was prepared, but caution should be exercised in interpreting the data; the results of future studies may require alteration of the conclusions or recommendations set forth in this report.

## Guidelines of care for phototherapy and photochemotherapy

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##### A. Scope

Phototherapy and psoralen photochemotherapy are administered in inpatient hospital settings, hospital clinics, day-care centers, and doctor's offices under medical supervision. Certain forms of phototherapy and photochemotherapy are used at home. Diseases reported to respond to these treatments include, but are not limited to, the following:

1. Phototherapy
  - a) Psoriasis
  - b) Eczema
  - c) Photodermatoses
  - d) Pruritus
  - e) Pityriasis rosea
  - f) Lichen planus
  - g) Pityriasis lichenoides
  - h) Acne
  - i) Parapsoriasis
  - j) Pruritic eruptions of HIV infection

- k) Other
- 2. Photochemotherapy
  - a) Psoriasis
  - b) Mycosis fungoides
  - c) Vitiligo
  - d) Eczema
  - e) Photodermatoses
  - f) Lichen planus
  - g) Pityriasis lichenoides
  - h) Parapsoriasis
  - i) Pruritic eruptions of HIV infection
  - j) Pruritus, other causes
  - k) Alopecia areata
  - L) Other

#### B. Issue

The safe and effective use of phototherapy and psoralen photochemotherapy requires the combination of the following:

1. A physician knowledgeable about these modalities
2. A trained staff to administer the treatments
3. Informed and reliable patients
4. Equipment that is safe, purpose-built, correctly maintained, and Adequately monitored

#### **4, Diagnostic criteria**

#### **5, Recommendations**

#### **6, Supporting evidence**

#### **7, Disclaimer**

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